

Senderos 3: Lección 3

Q M B T R A T A R D E D E N G O R D A R
B A V P U A Y E S T A R A D I E T A L C
P S J R R V A R A Z A G L E D A H D K C
V A W E F D E S C A F E I N A D O J A P
D J X N J N P B A V C Y M D E T U L F D
I E A T K X A E W R S T Y E Z W E U W I
V U R R B C B V E Y G H I V R N P W S S
C F L E X I B L E N A T E V T I D V N F
B I E N E S T A R Q T N R A A A E U L R
V I T A M I N A D R E R R A R O T N V U
J G W D Q N S É S X E S E S N A M S D T
C H Q O B U B S C R E M E N N Q T F L A
E I N R I I K E O D I P O Í A J U R Q R
C A R A L U S M E Y R L E C H R W I N D
A L P Y P O Ú N R I W F P S D P S Y L E
L T F G M S T N S M A V C K F V U E G O
O K O B C A J A T C P R O T E Í N A P M
R N P U R J O R A D U S L A R E N I M S
Í T L I N U Z A T S I N O I C I R T U N
A O A X K B V E T R E U F K E N U C F U

FAT
STRONG
ACTIVE
VITAMIN
TRAINER
TO TRAIN
TO ENJOY
TO WARM UP
DECAFFEINATED
TO BE ON A DIET

WEAK
MUSCLE
CALORIE
MASSAGE
FLEXIBLE
CAFFEINE
EXCESSIVE
WELL-BEING
TO GAIN WEIGHT
AFTERNOON SNACK

CALM
TO EAT
MINERAL
PROTEIN
TO SWEAT
TO HURRY
SEDENTARY
NUTRITIONIST
TO LOSE WEIGHT
TO TRY TO DO SOMETHING

Solution

Q M B T R A T A R D E D E N G O R D A R
B A V P U A Y E S T A R A D I E T A L C
P S J R R V A R A Z A G L E D A H D K C
V A W E F D E S C A F E I N A D O J A P
D J X N J N P B A V C Y M D E T U L F D
I E A T K X A E W R S T Y E Z W E U W I
V U R R B C B V E Y G H I V R N P W S S
C F L E X I B L E N A T E V T I D V N F
B I E N E S T A R Q T N R A A A E U L R
V I T A M I N A D R E R R A R O T N V U
J G W D Q N S É S X E S E S N A M S D T
C H Q O B U B S C R E M E N N Q T F L A
E I N R I I K E O D I P O Í A J U R Q R
C A R A L U S M E Y R L E C H R W I N D
A L P Y P O Ú N R I W F P S D P S Y L E
L T F G M S T N S M A V C K F V U E G O
O K O B C A J A T C P R O T E Í N A P M
R N P U R J O R A D U S L A R E N I M S
Í T L I N U Z A T S I N O I C I R T U N
A O A X K B V E T R E U F K E N U C F U