

Qué chévere 3: Unidad 8B

N U T R I T I V A H X K R D R V S J B P
R O A A G L L A B K C Y P O I A Z F Y O
D M C T E R B M A L A C T T L E B X S S
C K I N J H L I X H B I A U C I I R M I
A T T I U B K J C U B M D A Z I F J R T
N H Á C N C P V H Á I A R A V Z L X G I
E A U R F Ó N G H N B B A G Z O G R H V
P C C E T Y I I A L O B T O X E S Q G O
A E A C H S E C E H D A I Y S B G E V C
L R E A H Y X N I G H Z V R X H B L P M
R N S H X Q P D I R B R E E N E R G Í A
E A R I O R R E I H T E A C T E C W E Z
L T A U O A O O A X F U E A G Y V S A C
A A R Q T O T K T K A F N H L I T R A B
V C I O H B E T E U H A C A C R B L Q G
Z I T G F G Í O I D Y E K O É I C T R F
T Ó S P I C N R D Q Z G K S F I J A G R
U N E A P R A C T I C A R M O B S K C Z
S X V O E D R I T R A P A Q I A M D H Z
F Z R A W Y M A L I M E N T O P V X V A

FAT
FOOD
STRESS
ENERGY
VITAMIN
STRENGTH
NUTRITIOUS
MUSCLE CRAMP
FROM, STARTING AT
AQUATIC, PERTAINING TO WATER

DIET
FIBER
PEANUT
PROTEIN
HEALTHY
POSITIVE
TO STRETCH
CARBOHYDRATE
TO USE A TREADMILL
TO PLAY, TO PRACTICE, TO DO
SPORTS

IRON
HABIT
WEIGHT
CALCIUM
TO AVOID
NUTRITION
TO DO YOGA
TO BE WORTHWHILE
TO PRACTICE SWIMMING

Solution

NUTRITIVA H X K R D R V S J B P
R O A A G L L A B K C Y P O I A Z F Y O
D M C T E R B M A L A C T T L E B X S S
C K I N J H L I X H B I A U C I I R M I
A T T I U B K J C U B M D A Z I F J R T
N H Á C N C P V H Á I A R A V Z L X G I
E A U R F O N G H N B B A G Z O G R H V
P C C E T Y I I A L O B T O X E S Q G O
A E A C H S E C E H D A I Y S B G E V C
L R E A H Y X N I G H Z V R X H B L P M
R N S H X Q P D I R B R E E N E R G Í A
E A R I O R R E I H T E A C T E C W E Z
L T A U O A O O A X F U E A G Y V S A C
A A R Q T O T K T K A F N H L I T R A B
V C I O H B E T E U H A C A C R B L Q G
Z I T G F G Í O I D Y E K O É I C T R F
T Ó S P I C N R D Q Z G K S F I J A G R
U N E A P R A C T I C A R M O B S K C Z
S X V O E D R I T R A P A Q I A M D H Z
F Z R A W Y M A L I M E N T O P V X V A