

Allez-Viens 2 (Chap. 7-3): En pleine forme

R H S U O E D E U Q X U E I M T S E ' C
C Ç Y Z N C D M S O S C R H F H N I I C
S A H E D ' E O A Z J N F M M H B Z T '
Z T F V O E V I P O E Z X N H P S I E E
L E D E I S O Z S P D W X C P W O L D S
Q F E D T T I F I S O N C Z R D Z I E T
J E L S M B R S A N I F A O E O C Z L B
I R L U A O H L R O S L N L X C R R P O
L A E O N N T J V V Y P L M U T I U U N
D D S V G P A J E E R E Q Z M T S S C P
O U D H E O X R D D J N R H W A G I U O
I B O X R U I V E S J Q J M P H O O I U
T I I U D R G O N U L D N E K J E D C R
Z E V H U T F Z U O M J T E D W D U F L
F N E E R O L V T N Y U Z T D Z W T Z A
W E N J I I Q P R Q A P M P I E T G X S
D H T Y Z Z O J D S V W O L S Q T U C A
O N D O I T B I E N S E N O U R R I R N
H N R A F N Q N D L I Z Z N N S Q C V T
I L S D O I V E N T Q A A J T N F T N É

I MUST
SHE MUST
IT'S HEALTHY
YOU SHOULDN'T...
IT'S GOOD FOR YOU
IT'S BETTER THAN...

WE MUST
AVOID...
DON'T SKIP...
TO HAVE TO, MUST
IT'LL DO YOU GOOD
EVERYONE SHOULD EAT WELL

HE MUST
YOU ALL MUST
THEY (FEM) MUST
THEY (MASC) MUST
YOU MUST (INFORMAL)
EVERYONE SHOULD EAT RICE

Solution

R	H	S	U	O	E	D	E	U	Q	X	U	E	I	M	T	S	E	'	C	
C	Ç	Y	Z	N	C	D	M	S	S	O	S	C	R	H	F	H	N	I	I	C
S	A	H	E	D	'	E	O	A	Z	J	N	F	M	M	H	B	Z	T	'	
Z	T	F	V	O	E	V	I	P	O	E	Z	X	N	H	P	S	I	E	E	
L	E	D	E	I	S	O	Z	S	P	D	W	X	C	P	W	O	L	D	S	
Q	F	E	D	T	T	I	F	I	S	O	N	C	Z	R	D	Z	I	E	T	
J	E	L	S	M	B	R	S	A	N	I	F	A	O	E	O	C	Z	L	B	
I	R	L	U	A	O	H	L	R	O	S	L	N	L	X	C	R	R	P	O	
L	A	E	O	N	N	T	J	V	V	Y	P	L	M	U	T	I	U	U	N	
D	D	S	V	G	P	A	J	E	E	R	Q	Z	M	T	S	S	C	P		
O	U	D	H	E	O	X	R	D	D	J	N	R	H	W	A	G	I	U	O	
I	B	O	X	R	U	I	V	E	S	J	Q	J	M	P	H	O	O	I	U	
T	I	I	I	U	D	R	G	O	N	U	L	D	N	E	K	J	E	D	C	R
Z	E	V	H	U	T	F	Z	U	O	M	J	T	E	D	W	D	U	F	L	
F	N	E	E	R	O	L	V	T	N	Y	U	Z	T	D	Z	W	T	Z	A	
W	E	N	J	I	I	Q	P	R	Q	A	P	M	P	I	E	T	G	X	S	
D	H	T	Y	Z	Z	O	J	D	S	V	W	O	L	S	Q	T	U	C	A	
O	N	D	O	I	T	B	E	N	S	E	N	O	U	R	R	I	R	N		
H	N	R	A	F	N	Q	N	D	L	I	Z	Z	N	N	S	Q	C	V	T	
I	L	S	D	O	I	V	E	N	T	Q	A	A	J	T	N	F	T	N	É	