

# Allez-Viens 2 (Chap. 7-3): En pleine forme

O N D O I T B I E N S E N O U R R I R U  
O N D O I T M A N G E R D E S P Â T E S  
X É T N A S A L R U O P N O B T S E ' C  
R O G D D T T H V W E V O K T O J Z I J  
W H M O S B Z X F B L A Y V D R G C O U  
N N H I D F H F W H L S Y Y E I C E T J  
S E L T F H I U F X E T P G V W T D R K  
A I S M I X Y O Q F D A P C O K D E U V  
P Y F A S L E T Z W O Y G I I Y L U O Q  
S O D N U H S J Y S I R U N R V V Q P V  
I Z G G M T Q D S T T P P S W A T X N N  
A E B E N K E I O X J E Q F J U W U O O  
R V P R I T I P J I D T I O D L I E B U  
V E C D Z L G W A E V F V O Y J H I T S  
E D J U U W H X T S C E I V X S E M S D  
D S X R Q H U I G U D S N Z I I W T E E  
E U B I N B V K J S P X N T U O E S ' V  
N O I Z C É P U S Z S N I V G D C E C O  
U V E Ç A T E F E R A D U B I E N ' S N  
T G G T N E V I O D S E L L E J A C R S

I MUST  
SHE MUST  
IT'S HEALTHY  
YOU SHOULDN'T...  
IT'LL DO YOU GOOD  
IT'S BETTER THAN...  
EVERYONE SHOULD EAT PASTA

HE MUST  
AVOID...  
DON'T SKIP...  
THEY (MASC) MUST  
IT'S GOOD FOR YOU  
EVERYONE SHOULD EAT RICE

WE MUST  
YOU ALL MUST  
THEY (FEM) MUST  
TO HAVE TO, MUST  
YOU MUST (INFORMAL)  
EVERYONE SHOULD EAT WELL

# Solution

O	N	D	O	I	T	B	I	E	N	S	E	N	O	U	R	R	I	R	U
O	N	D	O	I	T	M	A	N	G	E	R	D	E	S	P	Â	T	E	S
X	É	T	N	A	S	A	L	R	U	O	P	N	O	B	T	S	E	'	C
R	O	G	D	D	T	T	H	V	W	E	V	O	K	T	O	J	Z	I	J
W	H	M	O	S	B	Z	X	F	B	L	A	Y	V	D	R	G	C	O	U
N	N	H	I	D	F	H	F	W	H	L	S	Y	Y	E	I	C	E	T	J
S	E	L	T	F	H	I	U	F	X	E	T	P	G	V	W	T	D	R	K
A	I	S	M	I	X	Y	O	Q	F	D	A	P	C	O	K	D	E	U	V
P	Y	F	A	S	L	E	T	Z	W	O	Y	G	I	I	Y	L	U	O	Q
S	O	D	N	U	H	S	J	Y	S	I	R	U	N	R	V	V	Q	P	V
I	Z	G	G	M	T	Q	D	S	T	T	P	P	S	W	A	T	X	N	N
A	E	B	E	N	K	E	I	O	X	J	E	Q	F	J	U	W	U	O	O
R	V	P	R	I	T	I	P	J	I	D	T	I	O	D	L	I	E	B	U
V	E	C	D	Z	L	G	W	A	E	V	F	V	O	Y	J	H	I	T	S
E	D	J	U	U	W	H	X	T	S	C	E	I	V	X	S	E	M	S	D
D	S	X	R	Q	H	U	I	G	U	D	S	N	Z	I	I	W	T	E	E
E	U	B	I	N	B	V	K	J	S	P	X	N	T	U	O	E	S	'	V
N	O	I	Z	C	É	P	U	S	Z	S	N	I	V	G	D	C	E	C	O
U	V	E	Ç	A	T	E	F	E	R	A	D	U	B	I	E	N	'	S	N
T	G	G	T	N	E	V	I	O	D	S	E	L	L	E	J	A	C	R	S