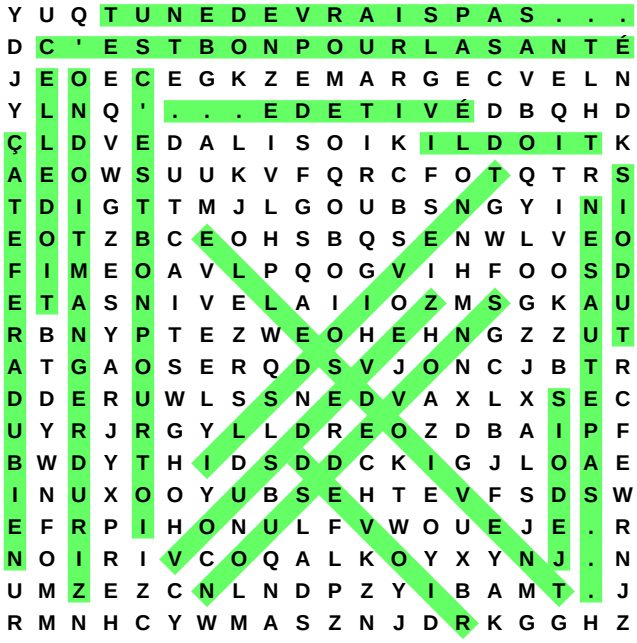
Allez-Viens 2 (Chap. 7-3): En pleine forme

Y U Q T U N E D E V R A I S P A S . . .
D C ' E S T B O N P O U R L A S A N T É
J E O E C E G K Z E M A R G E C V E L N
Y L N Q ' . . . E D E T I V É D B Q H D
Ç L D V E D A L I S O I K I L D O I T K
A E O W S U U K V F Q R C F O T Q T R S
T D I G T T M J L G O U B S N G Y I N I
E O T Z B C E O H S B Q S E N W L V E O
F I M E O A V L P Q O G V I H F O O S D
E T A S N I V E L A I I O Z M S G K A U
R B N Y P T E Z W E O H E H N G Z Z U T
A T G A O S E R Q D S V J O N C J B T R
D D E R U W L S S N E D V A X L X S E C
U Y R J R G Y L L D R E O Z D B A I P F
B W D Y T H I D S D D C K I G J L O A E
I N U X O O Y U B S E H T E V F S D S W
E F R P I H O N U L F V W O U E J E . R
N O I R I V C O Q A L K O Y X Y N J . N
U M Z E Z C N L N D P Z Y I B A M T . J
R M N H C Y W M A S Z N J D R K G G H Z

I MUST
SHE MUST
YOU ALL MUST
THEY (MASC) MUST
IT'S GOOD FOR YOU
EVERYONE SHOULD EAT RICE
WE MUST
AVOID...
DON'T SKIP...
TO HAVE TO, MUST
IT'LL DO YOU GOOD
HE MUST
IT'S HEALTHY
THEY (FEM) MUST
YOU SHOULDN'T...
YOU MUST (INFORMAL)

Solution


Y U Q T U N E D E V R A I S P A S . . .
D C ' E S T B O N P O U R L A S A N T É
J E O E C E G K Z E M A R G E C V E L N
Y L N Q ' . . . E D E T I V É D B Q H D
Ç L D V E D A L I S O I K I L D O I T K
A E O W S U U K V F Q R C F O T Q T R S
T D I G T T M J L G O U B S N G Y I N I
E O T Z B C É O H S B Q S E N W L V E O
F I M E O A V L P Q O G V I H F O O S D
E T A S N I V E L A I I O Z M S G K A U
R B N Y P T E Z W E O H E H N G Z Z U T
A T G A O S E R Q D S V J O N C J B T R
D D E R U W L S S N E D V A X L X S E C
U Y R J R G Y L L D R E O Z D B A I P F
B W D Y T H I D S D D C K I G J L O A E
I N U X O O Y U B S E H T E V F S D S W
E F R P I H O N U L F V W O U E J E . R
N O I R I V C O Q A L K O Y X Y N J . N
U M Z E Z C N L N D P Z Y I B A M T . J
R M N H C Y W M A S Z N J D R K G G H Z