

Descubre 2 (Chapter 6)

I A I E Y K M A E P O R A M U F O N F E
N U E L M Ú S C U L O L B O Q A O A J L
V B H B Q E N T C J X Q Z F R A I N E M
T W K I N F J I E O B H L O M S R Í L I
J K H E Ó Z A V J V A E D G V I A E M N
R O P N I B H O D A X A S V Y R T T A E
L I L E C J P J S I N B L A G P N O S R
L E A S I T C A B E A J F J M E E R A A
A N C T R J Y L R A J Í S U C S D P J L
M E A A T E E T V L S T R N M R E A E F
E X F R U E N L G C A A F O W A S L U T
R C E R N E N S U D A R R A L D R E A R
I E Í D A Y U G D N E L B G D A R D O A
E S N L L Z F F O É D S E T A T C Y E N
N O A Q A H A H V R B L R N E L X A N Q
D R I S Z D J G T F D I K A T D D E L U
A O R F G V U Q L D I A L R R A M F D I
Q Z L A D R O G A E B J R M X U R X I L
A E D R A T A R T X D C A K R O P S M O
I B Z C D I S F R U T A R D E I K A E D

FAT

CALM

MUSCLE

MASSAGE

CAFFEINE

TO ENJOY

WELL-BEING

TO NOT SMOKE

IN EXCESS, TOO MUCH

TO HURRY, TO RUSH (ONE WORD)

DRUG

ACTIVE

CALORIE

MINERAL

FLEXIBLE

SEDENTARY

TO WARM UP

TO LOSE WEIGHT

TO TRY (TO DO SOMETHING)

TO HURRY, TO RUSH (TWO WORDS)

WEAK

STRONG

PROTEIN

TO SWEAT

TO SMOKE

NUTRITION

TRAINER (F.)

AFTERNOON SNACK

TO GAIN WEIGHT (ONE WORD)

Solution

I A I E Y K M A E P O R A M U F O N F E
N U E L M Ú S C U L O L B O Q A O A J L
V B H B Q E N T C J X Q Z F R A I N E M
T W K I N F J I E O B H L O M S R Í L I
J K H E Ó Z A V J V A E D G V I A E M N
R O P N I B H O D A X A S V Y R T T A E
L I L E C J P J S I N B L A G P N O S R
L E A S I T C A B E A J F J M E E R A A
A N C T R J Y L R A J I S U C S D P J L
M E A A T E E T V L S T R N M R E A E F
E X F R U E N L G C A A F O W A S L U T
R C E R N E N S U D A R R A L D R E A R
I E Í D A Y U G D N E L B G D A R D O A
E S N L L Z F F O É D S E T A T C Y E N
N O A Q A H A H V R B L R N E L X A N Q
D R I S Z D J G T F D I K A T D D E L U
A O R F G V U Q L D I A L R R A M F D I
Q Z L A D R O G A E B J R M X U R X I L
A E D R A T A R T X D C A K R O P S M O
I B Z C D I S F R U T A R D E I K A E D