

Aventuras (Lesson 15)

N S E C A L I E N T A N E L B I X E L F
 Y D Z A A A N O I S A N M I G C M D Y C
 D N T G D H Í J R A D E L G A Z A R G A
 P K O M Y N O R A C Ó M O T E F U E R L
 N R O B O M E C O N G N K D O O Q G A E
 D S S Y M N T I Y L Ó F Z L I D U M S N
 Q E E K D I I A R I A T Z I C O X Ú A T
 O U P Z V C J T C E Q C O B I T R S H A
 D P E O C M Y I O O M I S É C R A C T R
 A A D Q O D R O G R R Ó E D R O M U R S
 P H R G N T W G S A T H L Y E P U L A E
 I C A F U S K I T N O R A E J S F O N D
 U R T N D G S N A A S A R S E A O H Q K
 Q A N E U N E C P Y E D E R R I J P U S
 E M E A M D N Q E S C N N A E C Q V I E
 N N M B E E H N P U X E I R C A F N L B
 E E U S E E K N B D E R M U A R P L A C
 I R A M X D Z S B A N E K P H G X L Q C
 B D I S F R U T A R E M Q A R A W Z D B
 I M Y S P R O T E Í N A C U Í D A T E R

WEAK
 PROTEIN
 TO SMOKE
 FLEXIBLE
 FAT (NOUN)
 DRUG (NOUN)
 TRAINER (M.)
 SEDENTARY (M.)
 TO GAIN WEIGHT
 IN EXCESS, TOO MUCH
 HE SNACKS. (IN THE AFTERNOON)
 HOW WAS IT? HOW DID IT GO?
 (FOR YOU)

MUSCLE
 CALORIE
 TO SWEAT
 TO ENJOY
 TO WARM UP
 I LOVED IT!
 THEY WARM UP
 FAT (ADJECTIVE)
 TO HURRY, TO RUSH
 THANKS FOR EVERYTHING.
 TAKE CARE! (SINGULAR, FAMILIAR)

WITHOUT
 THE GYM
 MINERALS
 NUTRITION
 ACTIVE (M.)
 TO EXERCISE
 WELL-EQUIPPED
 TO LOSE WEIGHT
 CALM, QUIET (F.)
 LET'S GET GOING, THEN!
 TO HAVE A SNACK (IN THE
 AFTERNOON)

Solution

N S E C A L I E N T A N E L B I X E L F
Y D Z A A A N O I S A N M I G C M D Y C
D N T G D H I J R A D E L G A Z A R G A
P K O M Y N O R A C Ó M O T E F U E R L
N R O B O M E C O N G N K D O O Q Q G A E
D S S Y M N T I Y L Ó F Z L I D U M S N
Q E E K D I J A R I A T Z I C O X Ú A T
O U P Z V C J T C E Q C Ó B I T R S H A
D P E O C M Y I O O M I S É C R A C T R S
A A D Q O D R O G R R Ó E D R O M U R S
P H R G N T W G S A T H L Y E P U L A E
I C A F U S K I T N O R A E J S F O N D
U R T N D G S N A A S A R S E A O H Q K
Q A N E U N E C P Y E D E R R I J P U S
E M E A M D N Q E S C N N A E C Q V I E
N N M B E E H N P U X E I R C A F N L B
E E U S E E K N B D E R M U A R P L A C
I R A M X D Z S B A N E K P H G X L Q C
B D I S F R U T A R E M Q A R A W Z D B
I M Y S P R O T E Í N A C U Í D A T E R