

# Aventuras (Lesson 15)

¿ C Ó M O T E F U E ? E L M Ú S C U L O  
 O U E S E D E N T A R I O U Z S I Y V R  
 B D O D R O G N E L G I M N A S I O A A  
 R A I E P R A T S E N E I B L E R W T M  
 A A U M E N T A R D E P E S O C E J C U  
 L O S E C X E N E A E E X T U S D N I F  
 U L A Q A D E L G A Z A R X R K E A D C  
 C L I B É D F F M K . H J A K U N T A L  
 A M F L E X I B L E V A R I R K T N G K  
 T J S P A K R R D A R U D I S M R E O V  
 C S W A E M C O L I P E P N D I E I R M  
 E B U V N O E I T A S R N D E G N L D E  
 P N R D Z I U R H I Q F O D U I A A A T  
 S R V Z A Q M E I G N G R T A O R C L A  
 E F W A N R S A G E B O X U E R S E E S  
 N V H A T P J D T H N Q M Z T Í E S M A  
 K M R V N R L A S I I D O L P A N L J R  
 M T G L D S Q M R A V H A R E E R A E G  
 Y N ! Ó T N A C N E E M ¡ L A D R O G A  
 F C A F O V I T C A ! E T A D Í U C ¡ L

WEAK  
 WITHOUT  
 TO SMOKE  
 FLEXIBLE  
 DRUG (NOUN)  
 SPECTACULAR  
 TO GAIN WEIGHT  
 FAT (ADJECTIVE)  
 DRUG ADDICT (F. )  
 TO PRACTICE, TO TRAIN  
 TO HAVE A SNACK (IN THE  
 AFTERNOON)

MUSCLE  
 THE GYM  
 TO SWEAT  
 WELL-BEING  
 I LOVED IT!  
 THEY WARM UP  
 SEDENTARY (M.)  
 TO HURRY, TO RUSH  
 (AFTERNOON) SNACK  
 HE SNACKS. ( IN THE AFTERNOON)  
 HOW WAS IT? HOW DID IT GO?  
 (FOR YOU)

PROTEIN  
 VITAMINS  
 TO ENJOY  
 FAT (NOUN)  
 ACTIVE (M.)  
 TRAINER (M.)  
 TO LOSE WEIGHT  
 CALM, QUIET (F. )  
 IN EXCESS, TOO MUCH  
 TAKE CARE! (SINGULAR, FAMILIAR)

# Solution

¿ C Ó M O T E F U E ? E L M Ú S C U L O  
O U E S E D E N T A R I O U Z S I Y V R  
B D O D R O G N E L G I M N A S I O A A  
R A I E P R A T S E N E I B L E R W T M  
A A U M E N T A R D E P E S O C É J C U  
L O S E C X E N E A E E X T U S D N I F  
U L A Q A D E L G A Z A R X R K E A D C  
C L I B É D F F M K H J A K U N T A L  
A M F L E X I B L E V A R I R K T N G K  
T J S P A K R R D A R U D I S M R E O V  
C S W A E M C O L I P E P N D I E I R M  
E B U V N O E I T A S R N D E G N L D E  
P N R D Z I U R H I Q F O D U I A A A T  
S R V Z A Q M E I G N G R T A O R C L A  
E F W A N R S A G E B O X U E R S E E S  
N V H A T P J D T H N Q M Z T I E S M A  
K M R V N R L A S I I D O L P A N L J R  
M T G L D S Q M R A V H A R E E R A E G  
Y N ! Ó T N A C N E E M ! L A D R O G A  
F C A F O V I T C A ! E T A D Í U C I L