

# Aventuras (Lesson 15)

O T N V C O L E S T E R O L L E O C Q B  
 H R M O N I T O R Z T E L E A D I C T O  
 X A E U D E S A Í R O L A C J Z M L R L  
 A N U E N A E N T R E N A R S E Ú G A N  
 M Q F N G L P I O I A B T A V W S V T M  
 R U E E R S E I S I D Z T V R L C W S A  
 O I T X X H E P U S S E A K A D U H E T  
 F L O C S I N L C Q I A M G I L L O N C  
 N A M E S H N D A D E E N S L E O F E I  
 E D Ó S H E É Ó A R R N F M D E F B I D  
 E N C O K B D R I E E R E U I L D E B A  
 S E A I I Z A E N C U N E I E G S A B G  
 R I H L B T T D N T I R I X B R H L K O  
 E R Z Y S A A L A T A R I M A R J O A R  
 N E R E D R D R V D A B T R D A G D S D  
 E M Z Í N T R V U W L R U U Y M D R A C  
 T N U P L P O S P E C P I V N U A O R G  
 N C G A I M G K E U A C W O H F N G G X  
 A V H G S B A D E S T Á S L I S T O E F  
 M D P D Q B A C T I V O P R O T E Í N A

WEAK  
 THE GYM  
 FLEXIBLE  
 TO ENJOY  
 WELL-BEING  
 ACTIVE (M.)  
 WELL-EQUIPPED  
 ARE YOU READY?  
 TO STAY IN SHAPE  
 TO HURRY, TO RUSH  
 TO PRACTICE, TO TRAIN  
 TO HAVE A SNACK (IN THE  
 AFTERNOON)

MUSCLE  
 WITHOUT  
 MINERALS  
 TO SMOKE  
 FAT (NOUN)  
 CHOLESTEROL  
 TO LOSE WEIGHT  
 SEDENTARY (M.)  
 COUCH POTATO (M.)  
 CALM, QUIET (F.)  
 HE SNACKS. ( IN THE AFTERNOON)  
 HOW WAS IT? HOW DID IT GO?  
 (FOR YOU)

CALORIE  
 PROTEIN  
 TO SWEAT  
 NUTRITION  
 DRUG (NOUN)  
 TRAINER (M.)  
 FAT (AJECTIVE)  
 TO BE ON A DIET  
 DRUG ADDICT (F. )  
 IN EXCESS, TOO MUCH  
 TAKE CARE! (SINGULAR, FAMILIAR)

# Solution

O T N V C O L E S T E R O L L E O C Q B  
H R M Ó N I T O R Z T E L E A D I C T O  
X A E U D E S A Í R O L A C J Z M L R L  
A N U E N A E N T R E N A R S E Ú G A N  
M Q F N G L P I O I A B T A V W S V T M  
R U E E R S E I S I D Z T V R L C W S A  
O I T X X H E P U S S E A K A D U H E T  
F L O C S I N L C Q I A M G I L L O N C  
N A M E S H N D A D E E N S L E O F E I  
E D Ó S H E É Ó A R R N F M D E F B I D  
E N C O K B D R I E E R E U I L D É B A  
S E A I I Z A E N C U N E I E G S A B G  
R I H L B T T D N T I R I X B R H L K O  
E R Z Y S A A L A T A R I M A R J O A R  
N E R E D R D R V D A B T R D A G D S D  
E M Z Í N T R V U W L R U U Y M D R A C  
T N U P L P O S P E C P I V N U A O R G  
N C G A I M G K E U A C W O H F N G G X  
A V H G S B A D E S T Á S L I S T O E F  
M D P D Q B A C T I V O P R O T E Í N A