

Realidades 3 (Chapter 3)

F E S T R É S U E M A N E R A H U Z G W
B U X W C A Y G V A E L B A D U L A S R
Q O O E A B A X I L U X C T O M A R Z A
J S V S R D E W T W C N V A C Í O Y L J
Q O I T B O R U A G B X Q G Z A T O O I
A T T A I M B R R J R M F U N Z A R D N
D X I R F I M A R F T I E Z E R R R A C
I A R E R N A R E Y N D P G O E D E I L
M G T N I A L I L W A D G E J U I I P U
O U U F G L A P A D T E V A E F H H O I
C A N O I E C S J R N A I N S E O J R R
A N Z R X S C E A E I L O Í N S B D P Y
N T F M E T C R R N C E L E O D R É A P
U A U A M I L G S E R R L T C I A B J V
R R E G W R Í T E T E G E O K E C I A E
A V R O I A M W Z N C I N R A T A L R P
T P T Y U R P E K O A A O P J A L F A E
L L E V I N H D S C H Y S P F U C V B S
A A D C O M I D A B A S U R A W I W E O
S W F E Q U I L I B R A D O Q W O Y M Z

WEAK
EMPTY
THE FLU
TO AVOID
THE IRON
THE COUGH
THE FIBER
THE ENERGY
THE WEIGHT
TO INCLUDE
APPROPRIATE
THE ALLERGY
THE JUNK FOOD
TO TAKE/TO DRINK
TO ENDURE/TO TOLERATE

FULL
STRONG
THE WAY
BALANCED
TO RELAX
THE CRAMP
THE SYRUP
NUTRITIOUS
TO CONTAIN
THE STRESS
THE PROTEIN
THE STRENGTH
TO SKIP A MEAL
TO USE A TREADMILL

YOGA
HEALTHY
THE AGE
THE DIET
TO BE FIT
TO DEMAND
THE LEVEL
TO BREATHE
THE ADVICE
TO STRETCH
THE CALCIUM
THE CRUNCHES
THE CARBOHYDRATE
DESPITE/EVEN THOUGH

Solution

F E S T R É S U E M A N E R A H U Z G W
B U X W C A Y G V A E L B A D U L A S R
Q O O E A B A X I L U X C T O M A R Z A
J S V S R D E W T W C N V A C I O Y L J
Q O I T B O R U A G B X Q G Z A T O O I
A T T A I M B R R J R M F U N Z A R D N
D X I R F I M A R F T I É Z E R R R R A C
I A R E R N A R E Y N D P G O E D E I L
M G T N I A L I L W A D G E J U I I P U
O U U F G L A P A D T É V A E F H H O I
C A N O I E C S J R N A I N S E O J R R
A N Z R X S C E A E I L O Í N S B D P Y
N T F M E T C R R N C E L E O D R É A P
U A U A M I L G S E R R L T C I A B J V
R R E G W R Í T E T E G E O K E C I A E
A V R O I A M W Z N C I N R A T A L R P
T P T Y U R P E K O A A O P J A L F A E
L L E V I N H D S C H Y S P F U C V B S
A A D C O M I D A B A S U R A W I W E O
S W F E Q U I L I B R A D O Q W O Y M Z