## Realidades 3 (Chapter 3)

|  | X |  | D | É |  | R | L | K | C |  | F |  | L | S | N I | P | U | 0 |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| V | 0 | 1 | E | N | E | R | G | 1 | A |  | M | X | C | P | $V$ | V | G | 0 | 0 | E |
| I | R | B | R | L | F | E | w | T | D |  | E | 1 | A | 1 | E | A | B | R | 0 | R |
| T | J | R | C | 1 | 1 | 1 | E | C | L |  | 1 | G | L | R | L | C | P | R |  | T |
| A | E | A | Z | 1 | U | 1 | E | B |  |  | C | 1 | C | I | A | 1 | S | E | E | S |
| M | 0 | R | L | D | D | L | A | B |  |  | R | R | 1 | N | S | 0 | Z | 1 |  | E |
| 1 | E | U | B | E | G | D | C | C | R |  | T | B | 0 | A | T | R | G | H | L | A |
| N | S | T | J | M | U | R | 0 | N | F |  | E | Q | 0 | N | A | D | R | U | E | G |
| A | T | A | 0 | L | A | N | 1 | U | 1 |  | 0 | 1 | E | H | S | 0 | L | Q | 1 | U |
| J | 1 | T | A | K | S | L | E | P | D |  | A | M | H | R | I | E | U | A | G |  |
| 0 | $R$ | S | D | E | L | $R$ | A | A | E |  | 1 | A | A | F | V | D | 1 | L |  | N |
| D | A | E | J | E | Z | A | R | C |  |  | C | J | L | 1 | 1 | G | R | R | Y | T |
| A | R | 0 | G | A | U | B | F | A | E |  | E | E | T | H | R | E | 0 | A | Y |  |
| S | 1 | 1 | 1 | N | 1 | U | Y | R |  |  | X | A | T | E | B | P | R | M | T | R |
|  | T | 1 | Q | L | E | 0 | C | N |  |  | R | 0 | L | A | 1 |  | T | 0 |  |  |
| R | S | U | 1 | R | S | 1 | 0 | 0 |  |  | S | A | R | A | Z | W | Q |  | 0 |  |
| T | E | U | T | E | N | C | N | Q |  | A | P | A | D |  | 0 | G |  |  |  |  |
| S | Q | E | P | T | A | A | B |  |  | Y |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

FULL
EMPTY
THE FLU
THE FOOD
THE IRON
TO ADVISE
THE FEVER
TO DEMAND
THE ADVICE
THE WEIGHT
THE ENERGY
THE VITAMIN
THE STRENGTH
TO TAKE/TO DRINK
DESPITE/EVEN THOUGH

WEAK YOGA
STRONG THE AGE
THE WAY
TO RELAX
TO AVOID
THE CRAMP
THE LEVEL
THE SYRUP
TO STRETCH
THE HEIGHT
the Allergy
APPROPRIATE
STRESSED OUT
TO USE A TREADMILL
TO ENDURE/TO TOLERATE

HEALTHY
THE DIET
BALANCED
THE FIBER
THE COUGH
THE STRESS
TO CONTAIN
TO INCLUDE
THE CALCIUM
THE ASPIRIN
THE CARBOHYDRATE TO FLEX/TO STRETCH

## Solution

$$
\begin{aligned}
& \text { E X F D É B I L K C F E L S I P U O X S } \\
& \text { V O I E N E R G Í A M X C P V V GO O É } \\
& \begin{array}{l|l|llllllllllllllllll}
I & R & B & R & L & F & E & W & T & D & E & I & A & I & E & A & B & R & O & R
\end{array} \\
& \text { T J J R C I I I E C L I G L R L C P R } \\
& \text { A EAA Z I U I E B A C I C I A Í S E E S } \\
& \begin{array}{lllllllllllllllllll}
M & O & R & L & D & D & L & A & B & T & R & R & I & N & S & O & Z & I & L \\
E
\end{array} \\
& \text { I E U B E G D C C R T B O A T R G H L A } \\
& \begin{array}{lllllllllllllllll}
N & S & T & J & M & R & O & F & E & Q & N & A & D & R & E & G
\end{array} \\
& \text { AT A OLANIU I O I EASSOLLQIU } \\
& \text { J I T A K S L E P D A M H R I E U A G A } \\
& \text { O R } \quad \text { R D } \quad \text { E L } \quad \text { R A A E I A A F }
\end{aligned}
$$

$$
\begin{aligned}
& \text { A R O G A U B F A E E E } \\
& \text { S I I I } N \text { I I U Y } \quad \text { I } \quad \text { S } X \text { X A } \\
& \text { E T I Q L E O C N I R O L A I I T O J O } \\
& \text { RSUI R S I O O M S A R A Z W Q T O G }
\end{aligned}
$$

$$
\begin{aligned}
& \text { S Q E P T A A B Q Y J O R E N E T N O C }
\end{aligned}
$$

