

Realidades 3 (Chapter 3)

D O H O V I T I R T U N I O R R E I H H
S C A L C I O F A E B A R A J A S F M A
G Z V D P Y U R O N S R T S V Y T V H C
R E E Q F E B S C O E R B E I F A R Z E
I S X T R I E A T N R D Z E J E R E H R
P R W T F P L N E I A S R T U Y E S W C
E A E F Z A E T G U E A T Q X E N P A I
R J O J M M N I M L T O N F S Z F I E N
Y A S B I O X A A I S U X R R T O R S T
R L R L C E N N V N A E A A E E R A T A
A E A O D E I E R M S R D G F O M R I D
N R A A R M F I P T T U L O L S A Z R A
O G D A O U U L R N N A D Y E I Q S A G
I I U D E L A É E R Z A I N O O B N R U
X A B R C O S C O V S G E Q P J Í É P A
E A Z N B Z N T S E I R T Y N E Q E D N
L A I V O O S E R K G N A D T S U X K T
F K G R C E O T L Í N F E O Y N E V D A
S O Í C A V S P A L N C R A M O T J O R
A C O N S E J A R D I P M J T C N X P E

YOGA
EMPTY
THE FLU
THE FOOD
THE IRON
TO BE FIT
THE FEVER
THE SYRUP
THE ENERGY
TO INCLUDE
THE WEIGHT
THE CALCIUM
STRESSED OUT
TO TAKE/TO DRINK
DESPITE/EVEN THOUGH

WEAK
STRONG
THE AGE
THE DIET
TO SNEEZE
THE LEVEL
THE COUGH
TO ADVISE
TO STRETCH
NUTRITIOUS
TO CONTAIN
THE ALLERGY
THE STRENGTH
TO FLEX/TO STRETCH
TO ENDURE/TO TOLERATE

FULL
THE WAY
TO AVOID
TO RELAX
THE CRAMP
THE FIBER
TO DEMAND
THE STRESS
TO BREATHE
THE ADVICE
THE PROTEIN
THE CRUNCHES
TO CONCENTRATE
TO USE A TREADMILL

Solution

D O H O V I T I R T U N I O R R E I H H
S C A L C I O F A E B A R A J A S F M A
G Z V D P Y U R O N S R T S V Y T V H C
R E E Q F E B S C O E R B E I F A R Z E
I S X T R I E A T N R D Z E J E R E H R
P R W T F P L N E I A S R T U Y E S W C
E A E F Z A E T G U E A T Q X E N P A I
R J O J M M N I M L T O N F S Z F I E N
Y A S B I O X A A I S U X R R T O R S T
R L R L C E N N V N A E A A E E R A T A
A E A O D E I E R M S R D G F O M R I D
N R A A R M F I P T T U L O L S A Z R A
O G D A O U U L R N N A D Y E I Q S A G
I I U D E L A E E R Z A I N O O B N R U
X A B R C O S C O V S G E Q P J I E P A
E A Z N B Z N T S E I R T Y N E Q E D N
L A I V O O S E R K G N A D T S U X K T
F K G R C E O T L I N F E O Y N E V D A
S O I C A V S P A L N C R A M O T J O R
A C O N S E J A R D I P M J T C N X P E