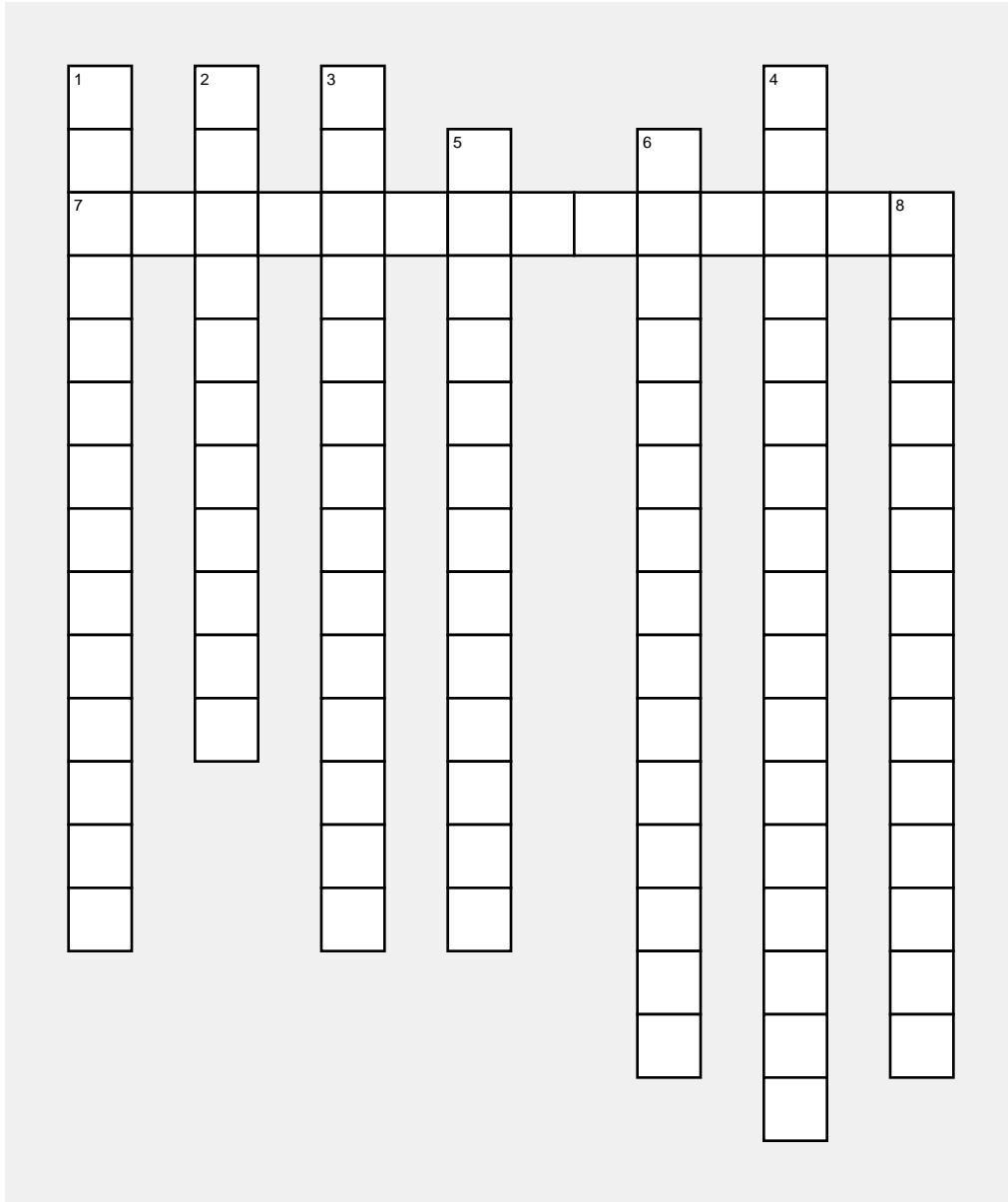


Bien Dit 2: Chapter 8B



Horizontal

7) TO DO PUSH UPS

Vertical

- 1) YOU WOULD DO WELL TO...
- 2) TO DO YOGA
- 3) TO GAIN WEIGHT
- 4) TO DEPRIVE ONESELF OF SLEEP
- 5) TO LOSE WEIGHT
- 6) WHY DON'T YOU?
- 8) TO SKIP MEALS

SOLUTION

T		F		P					S				
U		A		R		P		P	E				
F	A	I	R	E	D	E	S	P	O	M	P	E	S
E		R		N		R		U		R		A	
R		E		D		D		R		I		U	
A		D		R		R		Q		V		T	
I		U		E		E		U		E		E	
S		Y		D		D		O		R		R	
B		O		U		U		I		D		D	
I		G		P		P		T		E		E	
E		A		O		O		U		S		S	
N				I		I		N		O		R	
D				D		D		E		M		E	
E				S		S		P		M		P	
								A		E		A	
								S		I		S	
										L			